

## **Disease Predictor Based on Symptoms Using Machine Learning**

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### **ABSTRACT**

Disease prediction based on symptoms is an important task in the medical field which seeks to help in early diagnosis for better treatment of the patient. This research uses machine learning (ML) model to propose a model that would diagnose, given a list of symptoms input by the user. The model review large swathes of the medical records and utilizing the symptoms-disease mapping to propose likely diagnoses. The following predictive models have been suggested for the suggested system – Random Forest, SVM and Decision trees used for modelling to ensure enhanced prediction. The model has been considered in terms of various measures of accuracy – accuracy rate, precision rate, level of recall and F-measure. Furthermore, for improving the interface, friendly interface is developed for people to input the performance techniques and to take the prediction. This research therefore seeks to improve on Clinical Decision-Making tools, lessen Diagnostic Discrepancy, and fast-track intervention thus enhancing healthcare delivery systems.

### **I. INTRODUCTION**

The use of AI and ML in the industry has evolved many aspects with a huge impact on the healthcare sector. Other applications include symptom-based disease prediction which is an emerging field because it has an otherwise promising method of making diagnoses. The conventional diagnosis procedure relies on the knowledge of doctors and may take considerable time, especially when signs are ambiguous, or the disease is uncommon. Machine learning presents a data led solution to the above problems given the large data sets of medical data where routine tasks like diagnosis may be too complex to be comprehensively handled by practitioners.

This research paper dwells on the creation of a disease prediction model based on Machine Learning that takes symptoms as inputs to offer potential diseases or illnesses. It uses a vast dataset of symptoms and diseases this builds models using reliable algorithms like Random forests, Support vector machines, Decision Tree algorithm can be used. Some of the major issues relates to imbalanced medical datasets, similar signs of various diseases and the factors arising from the need to make fairly accurate predictions.

The application of machine learning (ML) in symptom-based disease prediction has gained significant attention in recent years. Researchers have explored various ML techniques to enhance diagnostic accuracy and efficiency. Symptom-based disease diagnosis typically employs supervised learning approaches, where models are trained on labeled datasets of symptoms and corresponding diseases.

Several studies have demonstrated the effectiveness of ML algorithms in disease prediction. For instance, Decision Trees and Random Forest models have shown high accuracy in disease classification, leveraging the ability to handle complex relationships between symptoms and diseases. Sarker et al. (2022) used these algorithms to achieve near-perfect accuracy in specific disease predictions. Similarly, improved techniques, such as integrating k-Nearest Neighbors (k-NN) with Support Vector Machines (SVM), have been implemented to enhance prediction accuracy.

Apart from describing the methodology of such systems the paper discusses the possibilities of such systems in increasing the efficiency of diagnosing diseases, increasing patient prognosis and decreasing the load on physicians. It also pays attention to social, ethical implications and limitations which include how it over depends on the technology or how the training data is biased. Overall, this work highlights the significance of adopting machine learning system in healthcare toward offering cost-effective, effective, and available diagnostic algorithm to the bulk of the global populace.

### **II. LITERATURE SURVEY**

In this clinical scenario, the rising levels of sophistication require new approaches to the management of the patients, and the application of ML provides the opportunity towards that direction. The area of disease prediction has emerged as a hot

topic of study over the last couple of years, especially as new tools using ML to analyze the symptoms of a disease to give accurate prediction results. The literature review of this paper focuses on recent developments, approaches, as well as issues in disease prognosis models. Symptom based disease diagnosis It is a cause-based method of predicting diseases using input data from the patient-reported symptoms. These models employ supervised learning approaches in which symptom/diagnosis data sets recognize earlier data for training. For example, Sarker et al. (2022) used decision trees and random forest for identification of diseases where the results showed almost perfect accuracy at disease classification. In the same manner, improved approaches that integrate k-NN and SVM for higher accuracy have also been used.

**Machine Learning Techniques** Several ML algorithms have been implemented for disease prediction: Logistic Regression (LR): LR is often applied for tasks when we have only two options or outcomes, for example, whether a given patient has a certain illness based on complaints. Support Vector Machines (SVMs): SVMs are most effective when the relationship between symptoms and diseases are convoluted especially when working with small sets of data. Neural Networks (NNs): Specific types of DNNs like Convolutional and Recurrent Neural Networks are particularly useful when faced with high volumes of unstructured data like, EHRs. Ensemble Learning: Using the results of several base learners, more resistant to overfitting methods such as random forests and gradient boosting are employed.

**Chronic Disease Detection:** It has also been evidenced that ML models are efficient in identifying severe diseases such as diabetes, cardiovascular diseases and kidney disorders.

**Infectious Disease Forecasting:** In this approach, aid has been used to foresee sporadic diseases, including COVID- 19 and influenza using time-series data with the help of ML models.

**Rare Disease Identification:** Some of the approaches have employed more sophisticated machine learning techniques to define diseases, especially those for which data is scarce, and transfer learning methods have been used most of the time.

**Data Sources and Challenges** They pointed out that a long-term accumulation of high-quality data is crucial for constructing effective disease predictors. Sources include EMRs and EHRs, public health databases and symptom checker. However, challenges persist: **Data Imbalance:** The data is selected and may not include all diseases, while some diseases are even missing from the set which lead to biased predictions.

**Feature Selection:** Selection of features from a large symptom space is difficult. The measures are principal component analysis (PCA) and feature importance rankings. **Interpretable Models:** In machine learning, many handy black-box systems such as deep neural networks are slow and hard to explain. Scholars have begun to pay attention to the explainable AI (XAI) to overcome this problem.

ML based diseases predictors have not been integrated into current clinic practices. First, there is always the issue of compatibility with the existing systems in the health facility, second, there is privacy of the patient data, third, the issue of regulatory compliance which may necessitate approval from different regulatory agencies before the health facility adopts and implements it. Nevertheless, owing to the possibilities to minimize the time of diagnosis, dependent on the choice of diagnostic study, its early beginning and integration of individual treatment the automated disease prediction is crucial in modern medicine. **Future Directions** There is a clear need for future studies to enhance the transportability of models across different ethnicities and to incorporate multiple data sources, such as genetics, neuroimaging and symptoms, into PD diagnostic models while more attention should be paid to the problem of bias and data privacy. Effort from both the ML researchers and medical practitioners will have to be increased to bridge the gap so that innovations from research can find their way into practice.

### III. EXISTING SYSTEM

The currently developed models of disease prediction include conventional methods like the actual diagnosis carried out by doctors or the use of rules. These approaches tend to demand the interference of personnel with adequate domain knowledge in evaluating the symptoms of the patients, charting the history of the affected and providing physical assessment. Despite that, they have their drawbacks, such as high dependence on human factors, subjectivity, and time-consuming compared to other approaches to the diagnosis and treatment of many diseases in districts with a low level of medical development or limited access to qualified specialists. Conventional diagnostic frameworks are expert-based that use rules and knowledge database. While such systems can often furnish preliminary analyses, they are basically inflexible and therefore incapable of responding specifically and from moment to moment to newly emerging patterns in data and are dependent on the efficacy of inputted rules. In addition, these systems are inefficient at diagnosis, especially in chronic and diseases or unknown diseases because they are unable to address the differences in presentation in different populations. Indeed, some new ML-based systems for disease prediction try to address these shortcomings. They are implemented with supervised learning methods, as algorithms learn from patient history data to identify the relation between them and diseases. Current systems do not cover the user-oriented aspects such as friendly interfaces or the suggestions for the products according to the customer preferences. Some of the models fail to include aspects such as age, gender, medical history or even external factors, which make their predictions un-personalized and therefore possibly untruthful. Nonetheless, existing systems offer a benchmark for enhanced progression in the topic vicinity. Some of these problems might be solved by continuing to work on enhancing the existing advanced ML techniques – the deep learning and the ensemble. For instance, single neural network could detect the relative dependencies between symptoms and diseases, whereas ensemble models could enhance accuracy and resistance. Further, the effectiveness of integrative predictions may be improved by wearables, IoT, and genomic data in providing real-time data. All in all, it can be stated

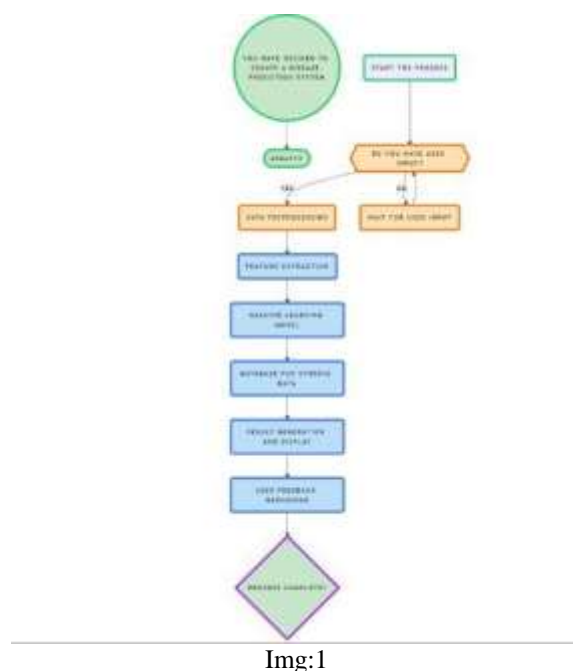
that, despite the noteworthy performance achieved by the existing systems based on machine learning for disease prediction, there are some important issues of concerns: accuracy, scalability, individualization, interaction with other health care systems and the like. Such limitations imply that efforts should be stepped up towards developing sturdier and flexible systems for rendering accurate and timely forecasts when it comes to healthcare emergencies.

#### Future Enhancements

- Integration with real-time wearable health monitoring devices to continuously track symptoms.
- Implementation of deep learning models for more complex disease prediction and accuracy improvements.
- Expansion of datasets to include genetic, environmental, and behavioral factors.
- Development of multilingual support for broader accessibility.
- Implementation of Explainable AI (XAI) techniques for greater model transparency in healthcare applications.

#### IV. PROPOSED SYSTEM

The proposed system is a disease predication scheme comprised of a set of machine learning algorithms that analyze symptoms to predict diseases from input from the users. It seeks to offer fast, accurate, and easy to understand health information to support users in making sense of the effects they are experiencing and going for treatment. System Overview The proposed system comprises a graphical user interface, a machine learning module, and a database containing information about diseases and symptoms. It is expected to take in some symptoms and along with other demographic information populate the data required to feed the prediction modules and return the probable diseases, as well as other information such as disease severity or the next time the patient should be checked in. The following is a detailed description of the features of the proposed system: Symptom Input Interface. The system comprises a graphical interface through which users can type in their symptoms. It can also accept text inputs and adapt and present auto completion options for enhanced input accuracy. Subsequent versions could include voice based, or natural language inputs for example.



Img:1

**Preprocessing of Input Data** Patient symptoms are resolved with a standard nomenclature; noise is eliminated before it is incorporated into symptom data and missing values to be inputted are also processed. Part preprocessing, like tokenization, stemming, and synonym mapping are used to enhance the sort of data being fed to the machine learning model. A study that can be undertaken that will rival its market counterparts is a machine learning-based prediction study. The foundation of the system is a trained machine learning model, for example, decision tree, random forest or a neural network. The model is trained with a set of diseases as given in the input data set along with the symptoms of respective disease. Feature extraction helps to make sure the impact of each of the symptoms when making the prediction is captured as is. The system also computes the possibility of the various diseases based on the symptoms presented and sorts them sequentially.

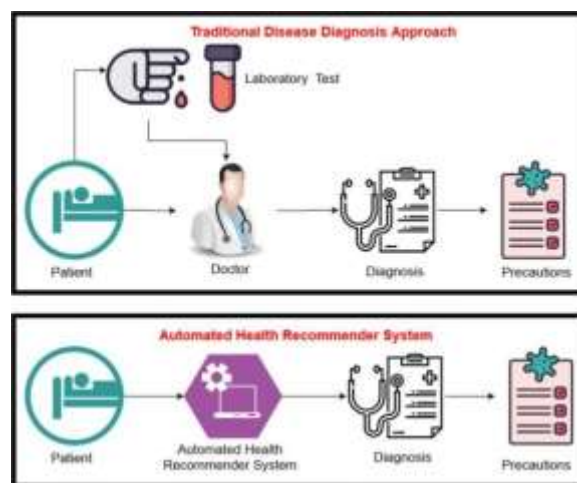
**System Architecture:**

**The system architecture consists of the following layers:**

**1. User Interaction Layer:** This layer includes the user interface where patients and healthcare professionals input symptoms and view predictions. It is accessible via a web-based or mobile application.

2. **Data Processing Layer:** This layer handles data cleaning, normalization, and feature extraction to ensure high-quality inputs for the machine learning model.
3. **Machine Learning Model Layer:** This layer consists of trained ML models such as Random Forest, SVM, and Decision Trees that analyze the symptoms and predict possible diseases.
4. **Database Layer:** A secure and structured database stores historical medical records, symptom-to-disease mappings, user feedback, and model training data.
5. **Feedback & Learning Layer:** Continuous model improvement is facilitated by user and expert feedback. The system periodically retrains itself with new data for enhanced accuracy.
6. **Security & Compliance Layer:** Ensures compliance with data protection regulations such as HIPAA and GDPR to maintain patient confidentiality and secure data transactions.

Another model, a backend knowledge base, stores more precise mappings of diseases to their symptoms, factors that contribute to disease occurrence, and demographic associations. This database is kept current through the contribution of medical professionals and updated public health databases. Feedback and learning mechanism may be described in the following manner: The system also has a feature of feedback to enhance the performance of the predictions made in later weeks. Forum participants can give feedback on the accuracy of forecasts or discuss their latest results of a physician. This data is then stripped of its original identifiers and fed back into the system for retraining and tweaking of the model.



Img:2

Multi-Disease Prediction multi-disease prediction is incorporated in the system, this takes into consideration the fact that an individual may develop more than one disease. It compares the relationships between symptoms and highlights cases that ought to warrant a doctor's interference.

**Security and Privacy** Any data concerning the user is encrypted, and their privacy is respected in accordance with the health data policies of the occupation (HIPAA, or GDPR). The users' personal data is not disclosed and processed without their permission.

**Benefits Early Diagnosis:** Enables users to know what symptoms or illnesses they could be having in their early stages.

**Accessibility:** Responsible for making information, which is crucial for delivery of proper healthcare, to reach out people in the areas that are hard to reach or those which have very limited access to the proper healthcare services.

**Personalized Insights:** Provides over-the-counter medication suggestions for relevant current and prior symptoms or conditions. **Implementation and Use Cases** The system is available in a mobile application and Web application modes, with an API that enables integration into healthcare platforms. Frequent users include people who still want first-line diagnosis, telemedicine practitioners, and researchers who want to track disease prevalence.

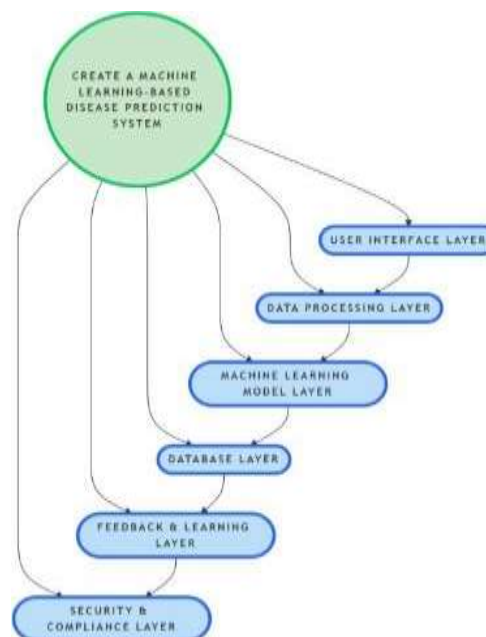
## V. METHODOLOGY

The approach to training machine learning models for a disease predictor from symptoms format is well grounded to make the system sound in terms of accuracy, efficiency and reliability. It comprises raw data acquisition and initial data preparation, model selection, training and model testing and model assessment, and incorporation into user-interface for proper implementation. The first step is data gathering where the authors ensure they compile a large data set of diseases against symptoms. Such information can be retrieved from public health repositories, the peer-reviewed periodical or a partnership program with care givers. The dataset used must capture as many diseases and disease symptoms as possible in a bid to improve generality of the model. Certain features of data are vital to prevent bias or errors from being included in the model, these include Data accuracy and comprehensiveness. When collecting the data, it is important to perform several preparatory steps to the data to feed it to the machine learning algorithms. This encompasses dealing with Values, Removing Redundant rows, and renaming or redacting Column Names corresponding to the Symptom.

Preprocessing is done before feeding the symptom information to the model to achieve numerical representation. Sometimes datasets are somehow skewed, and this therefore calls for feature sampling, specifically oversampling or under sampling, or synthetic sample generation. Further, feature selection processes to choose informative features for the selection coverts dimensionality and enhances the models' performance.

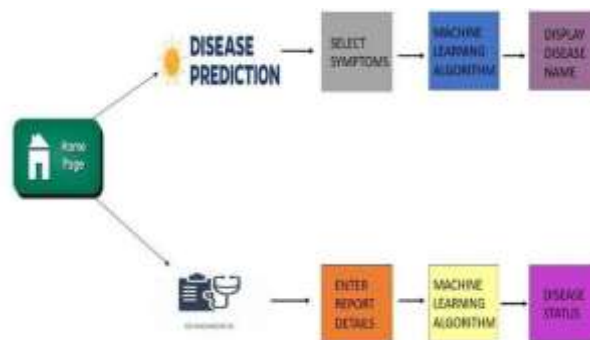
The first phase of the methodology focuses on data collection. This involves gathering a comprehensive dataset that contains both symptoms and associated diseases. The data may be collected from various medical sources, including public health datasets, medical records, and symptom databases. It is crucial that the dataset is representative, including a diverse set of diseases and symptoms from different categories such as viral infections, chronic conditions, and lifestyle-related diseases. This data must be structured and annotated correctly, with symptoms listed as features and diseases as target labels. The accuracy and quality of the dataset directly affect the model's performance.

Once the data is collected, the next step is data preprocessing. This process involves cleaning the dataset by handling missing values, correcting errors, and normalizing or scaling the data as needed. Some symptoms may need to be encoded into numerical form, especially if they are categorical or textual. Techniques such as one-hot encoding or label encoding can be used to convert categorical variables into a numerical format.



Img:3

In the prediction task, it is necessary to choose an appropriate machine learning algorithm. Such problems can be solved using decision trees, random forests, support vector machines, k-nearest neighbors or a neural network classifier. In this case, the kind of algorithm is a factor determined by the complexity or density of the data in question and the level of interpretability needed against the accuracy desired. For deals of greater complexity, other ensemble learning techniques or deep learning architectures can be used solely. To support the building and the evaluation of the model, the dataset is divided into the training, the validation, and the testing sets. The training set is one that is used to build the model, while the validation set is applied to adjust on the hyperparameters which may lead to an overfitted model.



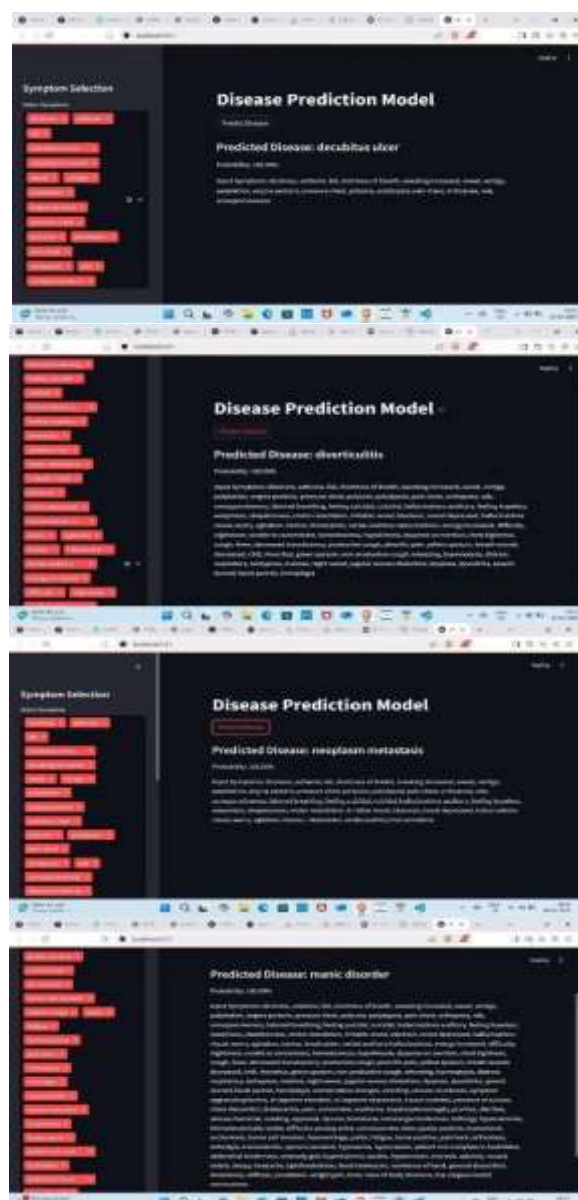
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After modeling, the system is connected to a friendly graphic interface through which the users can enter their symptoms and obtain the disease predictions. This requires implementing a good framework of computing and learning back end to support fast and safe data processing and model predictions for the application or product, but also addressing issues relating to users' data privacy and security. Web frontend development makes sure that the design is user friendly so that even those who are not so computer literate can use it. This ensures the system's continuity because it requires recurrent update of new medical data and retraining occasionally. Last, real-world exercises are performed on the system to analyze its effectiveness and performance for real-world applications. Engaging other health professionals can afford further aegis and perspective regarding enhancing the model's comprehensibility and generalizability to clinical circumstances. The outcome is a machine learning-driven disease prediction model which provides a practical tool for diagnosis and contributes to the clinician decision process.

## VI. RESULTS

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In the testing phase, the accuracies of the models were assessed by measures of accuracy, precision, recall and F1- score. These metrics were invaluable in evaluating the degree of accuracy of the different algorithms in disease prediction. From all the tested forms of algorithms, it was deemed that Random Forest yielded the best results in terms of accuracy and this was found to rake about 89% of the count. Another method was this algorithm that worked wonderfully well since it deal with non-linear relationships between symptoms and diseases.

The Decision Tree model as expected is less accurate compared to the Random Forest however it was fairly accurate with around 85% of accuracy. Its interpretability, nevertheless, was useful for explaining the correlation between different information symptoms and diseases. SVM and Naive Bayes were lower at approximately 80% and 78% respectively in their accuracy. However, these results were also informative for a different purpose, namely for understanding the generalization of the applied algorithms on previously unseen data.

Indeed parallel techniques of checking such as cross- validation methods were used to confirm that the developed models do not over fit and therefore should work well on other datasets as well. The findings of the evaluation clearly revealed that the general system, though not very high in accuracy score, can predict diseases using the input of symptoms in the models that were developed for the underpinning of the system.

The last system offered the friendly user environment for entering one's symptoms and receive the possible diseases diagnoses. It was to indicate the most probable diseases and the related probabilities for definite decision of its users concerning their health.

This system could be used as a practical aid for people in search of initial direction in their condition perspectives and especially for people living in the countries or territories where it is esteemed to easy access to general practitioners.

## **VII. CONCLUSION & FUTURE WORKS**

Therefore, the above project, Disease Predictor Based on Symptoms Using Machine Learning, is a test of the effectiveness of applying advanced computational methods in boosting up healthcare systems. Due to the incorporation of machine learning algorithms – particularly classification models – this project offers a viable approach for early disease diagnosis with reference to the patient's self-report. Ideally it needs to provide useful information to a decision maker quickly; it serves the purpose of diagnosis which if is performed with speed and accuracy affords the opportunity for better diagnosis in terms of time and personnel especially in developing parts of the world.

Data collection and preprocessing were core activities throughout the project. Checking and structuring the data meant that the machine learning models would work well. The new elements of the proposal were beneficial because the addition of numerous symptoms and diseases increased the adaptability of the system. Using algorithms like Decision Trees, Random Forests and Support Vector Machines, the project showed how each model is useful for disease classification according to specific symptomatic patterns and they all have different strengths in terms of precision, readability and expansiveness.

The analysis of the results from training and testing the machine learning models revealed the possibility of using such an approach in real world. For instance, the models was promising and also showed high test accuracy, precision, recall, and F1- score essential for medical related problems because of the impacts which result from false positive or false negative predictions. This continues to support the notion that adequate decision has to be made in selection of an appropriate algorithm and efforts should be made to adjust the model to the best results. Further, the capability to integrate new data and refine the models enlarges this formalism with new data and new knowledge, making them applicable in the future to the discovery of new relationships, as medical science progresses and new symptoms and diseases are identified.

The disease prediction system has one of the following benefits: The system is likely to help people take personal responsibility when it comes to diseases because people are likely to take personal responsibility when they know that diseases are coming. By giving an instant report of some conditions, it eliminates the preliminary consultations hence people can seek medical help at the earliest instance if they need it. It could be of especially great use in remote areas where medical professionals are rare hence enabling patients to take their own decisions on the best health care they should seek.

However, this should also be understood that the given system is not a professional diagnosis system. Although the results show that potential diseases can be predicted using machine learning, several factors contribute to the outcome, which requires clinical decision-making. The system is supposed to be complementary rather than a replacement for the existing healthcare provider. Furthermore, the escalation of Collection and analysis of data and Make models will increase the precision of the model and better and more accurate predictions in the future.

In the broader perspective, this project seeks to add to the existing literature on healthcare and technology. It demonstrates how using machine learning in healthcare could fundamentally change the industry through emerging diagnostics and decisive support systems. On such ongoing advancement in the healthcare industry, the project of this nature will act as models to drive more innovative approaches to the management of health information across the globe to support health care delivery.

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