

# **Short Clinical Report**

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**Submitted:** 21-01-2021 **Accepted:** 03-04-2021

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DOI: https://doi.org/10.47338/jns.v10.939

## Spontaneous duodenal perforation in a neonate

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#### **CASE PRESENTATION**

A male neonate born at 29 weeks of gestation by emergency cesarean section due to preeclampsia, small for gestational age, with a birth weight of 800 grams and length of 34.5 cm. APGAR scores were 4,6,7 at 1,5 and 10 minutes, respectively. The mother was 31-year-old, who had chronic arterial hypertension treated with Methyldopa and Nifedipine. Antenatal scans showed intrauterine growth restriction. At 24 weeks of gestational age, the mother received steroids for fetal lung maturation. The baby had severe respiratory failure thus shifted to the neonatal intensive care unit (NICU) on mechanical ventilation. On the 9th day of life, the patient was extubated and shifted to non-invasive ventilation (CPAP: continuous positive airway pressure). Orogastric tube feeding was started with the mother's breast milk and the baby had good tolerance and several bowel movements.



Figure 1: Abdominal x-ray showing pneumoperitoneum.

At 30 days of life, the baby developed an ill appearance, dark brown secretions from the orogastric tube,

abdominal distension, increased abdominal girth, and a tender abdomen. Laboratory investigations showed raised white blood cell (WBC) counts of 12.8 x 103/L, C - reactive protein (CRP) 8.1 mg/L, Procalcitonin (PCT) 14ng/ml, and blood culture Staphylococcus haemolyticus. An abdominal x-ray revealed pneumoperitoneum (Fig.1). Laparotomy showed a 0.5 cm perforation on the anterior aspect of the first part of the duodenum (Fig.2) covered by fibrinous tissue and adhered to the inferior surface of the liver. Primary closure of the perforation was performed using 5-0 poliglecaprone and a Penrose drain was placed. Orogastric and orojejunal tubes were placed. On the third postoperative day (POD), the drain was removed followed by extubation. On POD-5, trophic enteral feeds were started via orojejunal tube and increased as per acceptance. At POD-15, the baby developed severe respiratory insufficiency which caused cardiac arrest and warranted intubation with advanced CPR but the baby succumbed.



Figure 2: Intraoperative picture showing 0.5 cm perforation at the first segment of anterior wall of duodenum (Yellow arrow). Blue arrow showing fibrin adhered to the inferior side of the liver.

#### DISCUSSION

The prevalence of duodenal perforation in newborns is unknown, with the majority of perforations located on the anterior duodenum.[1,3,6,7,8] Although duodenal perforation etiology is unknown, there are two hypotheses. One is a congenital absence of intestinal smooth muscle with intact mucosa and submucosa and the other is ischemic necrosis of the intestinal wall secondary to hypoxia. [3] So, it is advised to perform a biopsy in all possible cases. In our case, it was not performed due to the high probability of damaging the pylorus risking stenosis due to scarring.

The literature describes the following risk factors as potential causes of duodenal perforation: peptic ulcers caused by stress, enteral nutrition tubes, prolonged use of oxygen through nasal cannula or face mask, high acid secretions in newborns in the first 10 days due to high maternal gastrin, prematurity, and low birthweight. [4,5] In our case, the patient had several risk factors including prematurity, low birth weight, prolonged use of nasal oxygen cannula, orogastric tube for feeding, and sepsis, but we do not know which of them was the exact cause of the duodenal injury. It is important to know these risk factors which may help us to make the diagnosis in a timely manner.

Table 1. Characteristics of duodenal perforation cases in neonates as reported in the literature.

No.	Source	Sex	Age	Weight	GA	Surgical findings	Surgery performed	Outcome
1	Chattopadhy ay et al. [2]	М	4 d	2700 g	-	Perforation on the posteromedial wall of the second portion of the duodenum	-Closed in a single layer with interrupted sutures -Stamm type gastrostomy was created	Survived
2	Cantero et al. [3]	F	3 d	2730 g	38 w	Perforation on the anterior wall of the first portion of the duodenum	-Closed in two-layer with interrupted sutures -Stamm type gastrostomy -An intra-abdominal Penrose drain	Survived
3	Omran et al. [4]	M	23 d	2985 g	36 w	Perforation on the posterior wall of the second portion of the duodenum	-Closed in a single layer with interrupted sutures -Onlay pedicled omentoplasty to cover the defect -Trans-anastomotic tube was inserted.	Survived
4	Aihole et al. [5]	F	30 d	3150 g	Full- term	Perforation on the posteromedial wall of the second portion of the duodenum	-Closed in a single layer with interrupted sutures	Survived
5	Sarin et al. [6]	M	22 d	2200 g	-	Perforation on the anterosuperior wall of the first part of the duodenum.	-Closed in a single layer with interrupted sutures	Survived
6	Sharma et al. [7]	М	NB	2300 g	Full- term	Perforation on the anterior wall of the first part of the duodenum and a gastric perforation on greater curvature.	-Repair of perforation.	Survived
7	Sharma et al. [7]	M	NB	2000 g	Full- term	Perforation on the anterosuperior wall of the first part of the duodenum	-Repair of perforation.	Survived
8	Sharma et al. [7]	M	NB	1700 g	Full- term	Perforation on the anterior wall of the first part of the duodenum	-Repair of perforation.	Survived
9	Amouei et al. [8]	M	3 d	3150 g	38 w	Perforation on the anterior wall of the first part of the duodenum	-Closed in a single layer with interrupted sutures	Survived
10	Present case	М	30 d	800 g	29 w	Perforation on the anterior wall of the first portion of the duodenum	-Closed in a single layer with interrupted sutures -An intra-abdominal Penrose drain -Orogastric and orojejunal tubes were used.	Died of causes not related to surgery

Table 1 shows the characteristics of cases of duodenal perforation in neonates reported in the literature, including our case. In all cases, the duodenal perforation was closed in one or two layers with interrupted sutures. All patients survived except our patient who died for reasons other than surgery such as prematurity, extremely low birth weight, and respiratory failure.

Acknowledgements: Nil

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Conflict of Interest: None declared

Source of Support: Nil

**Consent to Publication:** Author(s) declared taking informed written consent for the publication of clinical photographs/material (if any used), from the legal guardian of the patient with an understanding that every effort will be made to conceal the identity of the patient, however it cannot be guaranteed.

**Author Contributions:** Author(s) declared to fulfil authorship criteria as devised by ICMJE and approved the final version.

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